

TOGETHERNESS

Bringing the Solihull
Approach to the World:

Workshop for Parents of Young Children

Designed for parents and carers
of babies, toddlers and young
school-age children

A 2-hour workshop exploring brain development, relationships and reciprocity

- Understand what your child's behaviour is telling you.
- Respond more confidently to challenging moments.
- Build a stronger connection with your child.
- Support their learning and development through everyday activities.

Taking place on

12th October 2026

Oldhams Best Start Family Hub
9.45am-11.45am

3rd December 2026

Harvey Best Start Family Hub 9.45am-
11.45am

15th February 2027

Bright Meadows Best Start Family Hub
9.45am-11.45am

Workshop for Parents of Teenagers

Designed to help parents and
carers explore adolescence from
a developmental perspective

A 2-hour workshop exploring the adolescent brain, relationships and emotional development

- Stay connected and communicate during challenging times.
- Understand how the teenage brain affects emotions and behaviour.
- Support better decision-making and relationships.
- Respond more confidently to everyday teenage challenges.

Taking place on

11th November 2026

Tonge Best Start Family Hub
12.30pm-2.30pm

13th January 2027

Great Lever Best Start Family Hub
12.30pm-2.30pm

25th March 2027

Farnworth Best Start Family Hub
9.45am-11.45am

**For more information or to book a place
please ring or message: 07514 484157**

